



## WHAT ARE ELECTRONIC CIGARETTES?

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**Electronic cigarettes (e-cigarettes) are battery-powered devices that heat a liquid into an aerosol that the user inhales.**

**ELECTRONIC CIGARETTES ARE ALSO CALLED:**

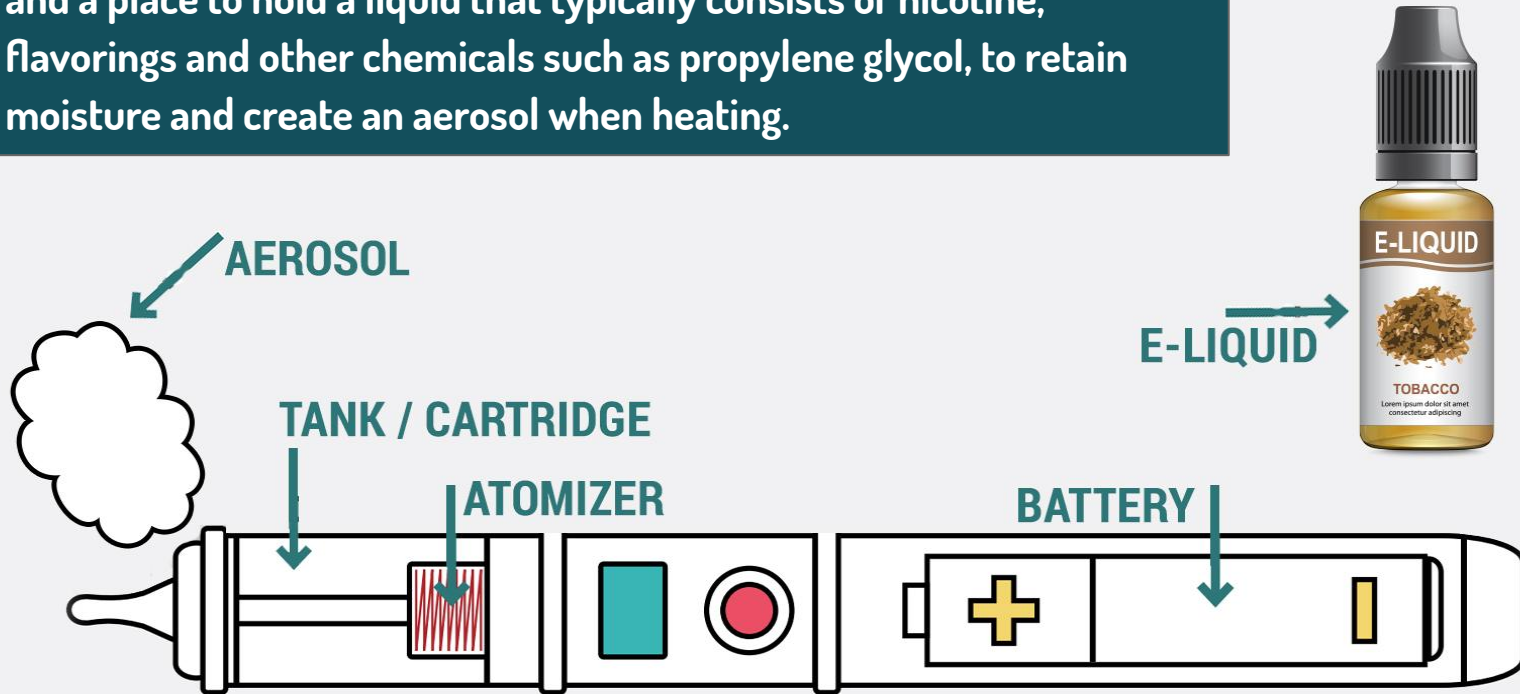
- Vapes
- E-hookahs
- Vape pens
- Tank Systems
- Mods
- Electronic Nicotine Delivery Systems (ENDS)

They come in many shapes and sizes; some look like regular cigarettes, whereas others look like USB flash drives, pens and other everyday items that are easy to conceal.

**Using an e-cigarette is commonly called vaping.**



Most e-cigarettes contain a battery, a heating element (atomizer) and a place to hold a liquid that typically consists of nicotine, flavorings and other chemicals such as propylene glycol, to retain moisture and create an aerosol when heating.



**E-Liquids are available in a variety of flavors and may contain various substances such as nicotine, cannabis (THC, CBD), propylene glycol (PG) or vegetable glycerin (VG).**



**E-cigarettes are NOT safe for youth or young adults. Adults should also avoid vaping if they are pregnant or do not currently use tobacco products.**

